

The Evolution and Socio-Cultural Reflections of Tamil Lullabies from Ancient to Modern Times

No. Abstract: ABS- ICOLLITE-25184

Dr. Pon Sasikumar & DR Kingston Pal Thamburaj

National Institute of Education, Nanyang Technological University,

Singapore



INTRODUCTION

- This research article explores the multifaceted nature of "Thalattu Padalgal" (Tamil Iullabies)
 - analyzing their historical evolution
 - inherent characteristics
 - structural forms
 - contemporary relevance.
- Rooted in the profound maternal bond, lullabies are identified as the spontaneous melodic expressions of a mother's immeasurable love for her child.
- This study traces the origins of Iullabies in Tamil Nadu, from their mention in ancient texts like Tolkappiyam and Sangam literature (Paripaadal, Natrinai) to their development in Bhakti literature, where Periyazhwar is credited as the first to compose a Thalattu in Tamil.



LITERATURE REVIEW

Purpose

 Sung by mothers and grandmothers to soothe infants to sleep.

Themes

 Express maternal affection, daily rural life, hopes, anxieties, and devotional feelings.

Form

 Characterized by repetitive refrains such as "Aararo Aariraro" and simple melodies.

Cultural role

 Served as carriers of cultural values, morals, and Tamil linguistic patterns.

Gender aspect

 Functioned as an emotional and creative outlet for women.

Musical influence

 Some lullabies show links with Carnatic ragas (e.g., Nilambari).

Modern changes

 Decline due to lifestyle shifts; less common among younger mothers.

Revival efforts

 Documented through recordings, albums (e.g., Vatsalyam), stage performances, and online initiatives during COVID-19 era.

Significance

 Lullabies remain cultural artifacts reflecting Tamil society's history, emotions, and evolving identity.



METHOD

Considering its structural variations

Qualitative analysis of various Thalattu songs

Assessing the recurring themes

Examining their lyrical content



FINDING AND DISCUSSION

- The study delves into how these songs articulate a mother's experiences of hardship before childbirth, her prayers for progeny, her questioning of a child's cries, and elaborate descriptions and praises of the child.
- Furthermore, it investigates the consistent use of prosperity-inducing words like wealth, pearls, corals, cattle, and buffaloes, reflecting a mother's aspiration for her child's prosperous life.

• The research also highlights the adaptable nature of lullabies, noting how their length can vary based on the mother's emotional state and the child's sleep.



CONCLUSION

- The objective is to demonstrate how Thalattu songs serve not only to soothe a child but also as a rich repository of socio-economic realities, familial values, and cultural beliefs prevalent across different eras in Tamil society.
- The study will conclude by emphasizing the enduring presence of lullabies in human society, underscoring their significance as a unique literary and musical tradition that continues to express the timeless emotions of motherhood.



CONCLUSION

• This woman proudly sings that her husband is a government employee, earning five hundred rupees a month. In her lullaby, she praises her husband, singing that he has a golden pen, a soft mattress to lean on, and royal respect wherever he goes.



• How does this mother perceive her child? As a green mango in the month of Maasi and a ripe mango in the month of Vaikasi. Who is the child's father? He is the virtuous one who owns the grove of screw-pine trees with a thousand blossoming petals! He is the righteous one who owns the grove of Punnai trees with a thousand fragrant flowers!



REFERENCES

Annamalai, S. (2016, June 15). A requiem for Tamil Iullaby. The Hindu.https://www.thehindu.com/news/national/tamil-nadu/A-requiem-for-Tamil-Iullaby/article14418401.ece

Bharadwaj, V. (2021, April 2). Lullabies go digital. The Hindu.https://www.thehindu.com/life-and-style/lullabies-go-digital/article34230562.ece

Sankar, P., & Annadurai, A. (2022). Feminist ideas in Tamil Iullabies. International Research Journal of Tamil, 4(1), 35–42.

Saroja, T. K. (2024). Melodic structures of Indian Iullabies and their cultural roots. Journal of Research in Music, 2(2), 45–56.

Saritha, V. (2024). Women's emotions and cultural expressions in Tamil Iuliabies. International Research Journal of Tamil, 6(2), 121–130.

